

MCDL Referee and Judge Guidelines (updated June 15th, 2023)

As a Referee:

Fail a dive if:

- Assistance was given during the execution of the dive.
- Diver performs dive other than announced,
- Diver refuses to execute a dive,
- Twist is less than 90°, or greater than 270°
- Feet enter first on head-first entry dive,
- Head enters first on a feet-first entry dive,
- Diver balks twice.

BALKS: Ask Judges to "Score what you see" and instruct the Announcer to deduct 2 points from each Judge when:

- Diver SETS, STOPS & RESETS, THEN EXECUTES THE DIVE.
- Diver takes less than 1 step when using a forward approach,
- The takeoff for the hurdle step is from both feet.
- Takeoff (from the end of the board) is from one foot.
- Diver given assistance after set position established, but before start of approach/dive.

Instruct Judges to score 4 1/2 point Max when:

- Arms are above the shoulders on feet-first dive, *Jumps arms may be straight up OR down.
- Arms are below the head on head-first dive,
- Improper use of tuck position in twisting dives.

Instruct Judges to score 2 point Max when:

- Diver CLEARLY performs the dive in a position different than announced.
- Diver does not make an effort to come out of tuck or pike position before entry.
- **Twist manifestly begins before feet leave the board. >> NEW FOR 2023!**

As a Judge: Judge the DIVE, not the diver, not the DD, not the apparel!

- Listen to the dive announced and ask for the dive to be repeated if it is not clear.
- DO NOT judge what happens before the diver assumes a SET position.
- Judge ALL 4 parts: Approach, Takeoff, Flight, and Entry.
- **DO NOT** judge what happens under the surface of the water.
- Follow the Referee's instructions when provided.
- **Be consistent in your scoring!** If you see another dive performed at the same level as what you scored earlier, then the dive should get the same score as the one before.

- Do not be afraid to score a 0 if you feel an incorrect dive was performed.

Score 4/12 Maximum if:

- Diver displays a break in position,
- Improper use of tuck position in twisting dives.

Deduct 1/2 to 2 points if:

- Open knees in tuck,
- Excessive rocking or feet leaving the board prior to takeoff,
- Arms out of position on entry.

Deduct 1 to 3 points if the correct starting position (Set) is not assumed prior to dive.

Diver hitting the Board during the execution of the dive: Contact with the board with Hands, Feet or Head will be points deducted at the discretion of the JUDGES.

Height = GOOD, Distance = not so good.
Back dives need a press!